#### IMPORTANT CONDUCTIVE PAD WARNING

Improper pad placement may cause bodily harm. Please read the entire instruction manual provided with the REBOUND™ device before applying the REBOUND™ pads to your body.

- Never place the pads on your head, neck or face.
- Never use on the throat (carotid artery) or neck.
   This could potentially close the airway, cause difficulty breathing, and/or affect heart rhythm or blood pressure.
- Never use pads close to the heart, across the chest, on both arms or hands at the same time. Doing so could change heartbeat pattern and could be potentially deadly.
- Never use on the groin area.

Only apply Conductive pads to normal, intact, clean, healthy skin

#### NOTE

The Guide illustrates pad placement locations for some of the most common pain conditions.

Not all pad placement combinations will be listed. If you do not see your pain site [And it is NOT listed in the GENERAL WARNING AND CAUTIONS section of the Instruction booklet] then use the two pads to "bracket" or surround the pain area so your pain is in the center of the two pads. For best results, do not place the pads directly on the pain site. Do not place the pads on both legs or feet at the same time as this is ineffective.

# NEVER PLACE ANY OF THE PADS IN THE LOCATIONS INDICATED BELOW WITH A "NO" SYMBOL.

PAD PLACEMENT LOCATIONS



Do not place pads on both arms or hands at the same time as this may cause bodily harm.

Knee Pain. Use both pads, either on either sides of the knee cap (right and left) OR one pad above the kneecap and one below the kneecap.



**Low Back Pain.** Place the pads on the right and left sides of the pain.

#### **ACCEPTABLE PAD LOCATIONS**



**Hip Pain.** Surround the pain area by placing the pads above and below the pain site OR sides of the pain.



**Mid-Back Pain.** Place the pads on the right and left sides of the pain.

### **ACCEPTABLE PAD LOCATIONS**



**Wrist Pain.** Place the pads above and below the pain site.



**Elbow Pain.** Place pads above and below the pain site OR to the left and right of the pain.

#### ACCEPTABLE PAD LOCATIONS







Shoulder and/or Arm Pain.
Choose one placement set-up
from images above.

#### **ACCEPTABLE PAD LOCATIONS**



**Ankle Pain.** Surround the area of pain with the pads, either to the right and left of the ankle, or above and below the pain site.

## **How Long Should You Use It?**

Use as needed for pain. Some people utilize the REBOUND™ device for short periods of time, and some for longer periods of time. Since the REBOUND™ blocks pain, there is no limit to how long or how often to use the REBOUND™ and individual use times will vary. Stop therapy session if pain has reduced or stopped.

Read complete instruction manual carefully to safely and correctly use this pain management device.

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